

Olé Wellness terms and conditions

Pilates Informed Consent

The Olé Wellness activities, whilst care is taken, are not without risk, which I accept and in turn indemnify in full, on a solicitor and client basis, Olé Wellness, it's Directors nominees against all liabilities, damages and costs arising from Olé Wellness activities.

This includes but is not limited to, liabilities arising from any cause such as negligence, contract, statute including the Civil Liability Act 2002, tortious or common law for any injury, death, loss, property damage or expense arising out of or sustained to me or I cause in the course of me in the activities and programs offered by Olé Wellness Pilates & Massage.

I agree that Olé Wellness is not responsible in the event of loss, damage, unauthorised use, theft or injury resulting from and to any personal property I bring onto or undertake on the premises. I also confirm that my health is sufficient and I have no illness, injury or ailments, which will prevent participation in any Olé Wellness activities in a safe manner without risk to me. I recognise that this Agreement and Release and Waiver is a legal instrument and that it is intended to be as broad and inclusive as permitted by Australian law. Olé Wellness liability in the aggregate is the refund of the fees paid for the Olé Wellness activity. I recognise that by signing this document I am waiving certain legal rights, including the right to sue and I sign it of my own free will and assume all aspects of the risks involved on behalf of myself.

Massage Informed Consent

I have provided a detailed medical history. I do not expect the therapist to have foreseen any previous or pre-existing condition that I have not mentioned.

I understand that massage may provide benefits for certain conditions but results are not guaranteed. These benefits may include relief of muscular tension, relaxation, reduction in the symptoms of stress-related condition and provision of general wellbeing.

I also understand that massage therapy may produce side effects such as muscle soreness, mild bruising, increased awareness of areas of pain and light-headedness amongst other possible temporary outcomes. I'm aware that the therapist does not diagnose illnesses, prescribe medications nor physically manipulate the spine or its immediate articulations.

The therapist understands that I have the right to question procedures used and receive an explanation of any procedures that the therapist performs.

I will tell the therapist about any discomfort I may experience during the therapy session and understand that the therapy will be adjusted accordingly.

Privacy Policy

This practice is committed to the privacy of its clients. Personal information is treated as confidential and is only used only for the purpose for which it was collected. Information kept on file will not be released to a third party without the express consent of the client or as required by law.